

# THE ROTARY CLUB OF MARIETTA **ROTALIGHT**

*Celebrating 100 Years of "Service Above Self"*

*April 15, 2020 • Volume 83, Number 31*

## **Marietta Rotary Club's "Zoom" Membership Meeting**

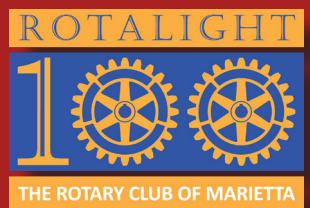
**Guest Speaker:**  
**Bonnie Buckner Reavis**  
Chair of the Marietta Arts Council



**Rotary**  
Club of Marietta



**ROTARY  
CONNECTS  
THE WORLD**



## Meeting begins at 12 Noon Wednesday

Introduction and Call to Order - President-Elect Mary Ansley

Invocation - Mark Barbour

Introduction of Guests and Visitors (Self Introduction)

Announcements - Mary Ansley

District Conference - Update

News from District 6900 - Mark Barbour

In The News - Mary Ansley

Sunshine

**Program:  
Bonnie Reavis**

Update from Officers and Members

**PLEDGE AND 4-WAY TEST - Dan Kirk**

Guest Speaker:

### Bonnie Reavis

Chair of the Marietta Arts Council

Bonnie Buckner Reavis is the Chair of the Marietta Arts Council, a nonprofit organization working to enrich the artistic and cultural landscape of the City of Marietta through advocacy, education, and public art. Reavis is the founder of the branding firm Zenith Design Group, named one of Atlanta's Top Ten Fastest Growing Woman-Owned Firms, a Top 25 Small Business of the Year by the Cobb Chamber of Commerce and The *Atlanta Journal-Constitution*, and Business Community Service Award by *Georgia Trend*. A self-described serial entrepreneur, Reavis launched the special event venue The Brickyard in 2010, and in 2018 opened The Loft - a fine art gallery and event space on the Marietta Square. A graduate of Berry College, Reavis is a graduate of Leadership Cobb, has chaired the program and has been inducted into the Academy of Women Leaders.

### Rotary Club of Marietta's signature project **LEGACY OF LOVE and LEARNING**



Mother Brooke Morgan and her new baby girl Sally were one of the last families to receive RCoM's Literacy Packages before the quarantine. Mrs. Morgan expressed her gratitude for "Rotary's gift and the club's commitment to investing in Sally's future and education." RCoM is anxious to distribute our packages as soon as possible.

# WHEN WE LAST MET

## Minutes from the April 8 Meeting

Tough times inspire creative solutions! For the first time in its history the Rotary Club of Marietta is holding its meeting on-line via ZOOM. Led by President **Chris Bethel**, with assistance from ADG **Mark Barbour** and Birthday boy **Dan Kirk**, we all practiced social distancing as we were told to do by the CDC. The Reverend Dr. Mark Barbour delivered our invocation with inspirational and comforting words peppered throughout his prayer. There were no visiting Rotarians and no guests.

We celebrated the birthdays of member Dan Kirk and President Chris Bethel. AFG Mark Barbour led us in singing the Happy Birthday song and everyone chimed in. No word about when they will get their birthday kiss from ADG Mark! 😊

The District Conference has been cancelled. We are planning to meet in Columbus, GA for an awards luncheon in June.

Even when we are not meeting regularly RCoM is still serving the community. We paid for lunch during the spring break at Hickory Hills elementary school. We also participated in Operation Meal Plan which allows restaurants to keep paying their employees to make and deliver food to nonprofits. Member **Sharon Mason** alerted this opportunity to our club. The nonprofits benefiting from this mission includes MUST Ministries and The Extension.

We gave bonuses to the staff at the Hilton Marietta Hotel and Conference Center and these servers sent us thank you notes.

President Chris asked member **Jeff Cooper** if the community was stepping up to support first responders and medical staff during the COVID-19 pandemic. Jeff responded that 1,500 meals were delivered that day to the hospital. So, the community is stepping up, indeed.

District 6900 issued a challenge for rotary members to call another rotary member with two questions. **Neera Bahl** went first saying that she called Mark Barbour and Past President **Jesse Evans**. Mark commented that one of his favorite things in the summer was riding horses. He also likes chocolate. PP Jesse responded that he likes coconut cream pie. **Jim Fawcett** commented that his favorite beer is Corona...get it? **Mary Ansley Southerland** asked her son, **Rosser Southerland** what he liked about summer and he responded with swimming, going to the beach and playing golf. We learned that Dawn McEachern is a closet archeologist. Chris Bethel commented that his daughter Emma loved digging in the sand.

It was brought up that the college students who are living at Reinhardt University are not getting food service and we discussed helping to feed them.

As a free ZOOM meeting only lasts for 40 minutes it was time to wind down. Many agreed that we should continue to do ZOOM meetings each Wednesday until we can get back to our usual routine.

We were asked to say prayers for Neera's son who works in Brooklyn Hospital.

Dan Kirk led members in the Pledge of Allegiance to the U.S. Flag and the Rotary 4-way test.

~ Scribe, Deborah Marshall

### MEMBERS ATTENDING LAST MEETING

Dan Kirk  
Mary Ansley Southerland  
Mark Barbour  
Joe Atkins  
Don Barbour  
Jim Trapnall  
Deborah Marshall  
John Knox  
Jim Peeler  
Rosser Southerland  
Bill Dunaway  
Carlos Rodriquez  
Dawn McEachern  
Mark Wright  
Harold Hobbs  
Julie O'Meara  
Teresa Jones  
Warren Gordon  
Sandeep Kapoor  
Joyette Holmes  
Neera Bahl  
Abbott Hall  
Marlys Williams  
President Chris

*The Rotalight Staff and I will see you again in a few weeks as we practice social distancing to slow the move of the COVID-19 through our country. So, wash your hands, don't touch you face, get a flu shot and stay home if you are sick. When our weekly meetings resume we want to see everyone back at Rotary happy and healthy! God Bless you and yours.*



# GUESTS ARE ENCOURAGED AND NO FEE



**Marietta Rotary Club welcomes the opportunity to compete in Rotary District 6900's "Taste of the District" competition this year.**

## **REALLY SOUTHERN CORN SOUFFLÉ**

### History:

*This is a famous recipe throughout Atlanta representing the Best of Southern Cooking. The Blue Ridge Grill Restaurant serves a very similar version. This recipe is simple and a home run hit every time!*

### Ingredients:

3 Eggs  
3/8 cup granulated sugar  
1/2 cup all-purpose flour  
1 1/2 teaspoon salt  
1 1/8 teaspoon baking powder  
3 cups heavy cream  
2 cups fresh or frozen (thawed) yellow or bi-color corn  
1 tablespoon melted butter

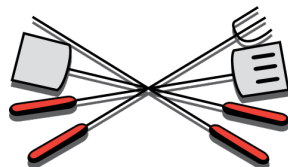
### Directions:

Preheat oven to 350 degrees and coat a 2 quart baking dish with non-stick spray. In the bowl of a mixer beat the eggs (3) and sugar (3/8 cup) at medium speed for 3 minutes. Add the flour (1/2 cup), salt (1 1/2 teaspoon) and baking powder (1 1/8 teaspoon) and beat an additional 3 minutes. Stir in the cream (3 cups). Add corn (2 cups) and melted butter (1 tablespoon) and stir to combine.

Pour the mixture into the prepared dish. Bake for 40 to 45 minutes until lightly brown and puffed on top and set in the center. Cool on wire rack for 15-20 minutes before serving.

# Happiness from Harold and our M.U.S.T. Crew

## RECIPE



**We thought you might want to try this while sheltering!  
Make it and send us your photos. There may be a prize involved...**

### Harold's Hash Brown Casserole

#### Ingredients:

- |                                |   |                           |
|--------------------------------|---|---------------------------|
| 1 cup of mayonnaise            | 1 cup of sour cream                                       | 1 chopped med. size onion |
| 2 Cups Shredded cheddar cheese | 1 bag of frozen hash browns or a box of dried hash browns |                           |
| 1 can of peas                  | 2 packages of kielbasa links — sliced or chunked to taste |                           |

#### Instructions:

1. Place hash browns in pan and add equal amounts of hot water to re-hydrate potatoes if you use boxed hash browns.  
Not required for frozen hash browns - skip to #3
2. Let boxed hash browns sit for 15 mins to re-hydrate or until water is all absorbed.
3. Add all the other ingredients except cheese to the pan and mix thoroughly.
4. Cover with aluminum foil and cook for 45 minutes at 375 degrees F until hot and bubbly and cooked through.
5. Pull out of oven, stir, add more water if needed, stir in and sprinkle shredded cheese over top and put back in oven for 5 to 10 minutes to melt the cheese.

**ENJOY!**

# Stressed out? Gym closed? Try this!

by Dan Kirk

While we are stuck at home, this may make you question your gym membership. High school, college students and millennials want to look “jacked.” This will do it. Try these exercises Marines use to stay “jacked” with no exercise equipment.

- 1) Jumping jacks. Standing. Lift hands out to sides and overhead while jumping legs out to side. Jump back to start, arms down.
- 2) Sit-ups. Sitting, knees bent, toes under couch. Hands clasped behind head, sit up, elbows touching knees.
- 3) Push-ups. Face down, hands shoulder-width on floor. With body straight, push up until elbows lock, then down until belly button is an inch off ground.
- 4) “Polish push-ups”. On your back, hands under your shoulders. Push torso up extending arms, arching back, on toes.
- 5) Trunk-twister. Standing, hands clasped behind head. (1) Bend forward at waist, (2) twist torso to left, (3) twist to right, (4) stand.
- 6) Rowing exercise. (1) On back, arms extended overhead. (2) Lift legs, bend knees, sit-up with arms extended beyond knees. Repeat.
- 7) Squat-thrusts. Standing, (1) squat. (2) Drop hands to floor, thrusting legs to push-up position. (3) Pull legs back to squat, (4) stand.
- 8) Bend and Stretch. Stand. (1) Extend arms forward while squatting, (2) stand, (3) bend, touch toes, legs straight (4) stand.

Or go for a walk and enjoy the azaleas. Semper Fi!

## MARIETTA ROTARY CLUB

### CLUB OFFICERS 2019-20

Christopher Bethel, *President*

Mary Ansley Southerland, *President Elect*  
Marla Blackstone, *Co-Secretary*  
[marla@skeltonblackstone.com](mailto:marla@skeltonblackstone.com)

Jeff Cooper, *Co-Secretary*  
Terry DeWitt, *Interim Treasurer*  
Reuben Green, *Presidential Advisor*

### DIRECTORS

Joseph Atkins, *Administration*  
Tyler Stephens, *Service*  
Kelly Maxwell, *Membership*  
Thomas Sherrer, *Public Relations*  
Daniel White, *Foundation*

Meeting makeups may be emailed to:

[jeff.cooper@wellstar.org](mailto:jeff.cooper@wellstar.org)

[www.mariettarotary.org](http://www.mariettarotary.org)



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### ROTALIGHT STAFF

Deborah Marshall, *Editor*

Joseph Atkins	Abbott Hall
Mark Barbour	Jim Peeler
Marla Blackstone	Marlys Williams
Dale Covington	
Warren Gordon	

*We welcome and encourage all contributions.*

*Send articles, photographs and editorials to:*

[Deborah.Marshall@uss.salvationarmy.org](mailto:Deborah.Marshall@uss.salvationarmy.org)

## DISTRICT 6900

Jim Squire, *District Governor*

Mark Barbour, *Assistant District Governor*  
[mmlbarbour@bellsouth.net](mailto:mmlbarbour@bellsouth.net)

[www.rotary6900.org](http://www.rotary6900.org)

## ROTARY INTERNATIONAL

Mark Daniel Maloney  
*President*

[www.rotary.org](http://www.rotary.org)